

After Your Hysteroscopy Operation

Because the anaesthetic given is very light, most women wake up quite well and can go home after an hour or two. Some women may feel a little woozier than others.

You will need someone to pick you up from the hospital. In general you will just need the day of the operation off from work. Some women may need another day off.

Bleeding

You will have bloodstained fluid coming from the vagina or light bleeding for a few days after a hysteroscopy. It should completely within 14 days & should not be more than the flow of a normal period.

Pain

You may experience some period-like pain in the tummy after the hysteroscopy & may need to take some anti-inflammatory pain killers such as Nurufen, Naprosyn, Naprogesic or just paracetamol (Panadol).

Diet

You can have a normal diet.

Work

In general you will just need the day of the operation off from work. Some women may need another day off.

Sex

You may resume sexual activity once the vaginal discharge or bleeding has completely stopped. That may take up to two weeks.

Complications of hysteroscopic surgery

Please see the section under "Consent for Hysteroscopic Surgery" for the details of the possible complications with hysteroscopic surgery.

Follow up appointment

In general you should ring Dr Varol's practice to make an appointment for two weeks after your operation. If you have any problems, concerns or questions, please ring her as per details below.

Dr Varol's contacts details

office hours : Ring her practice on 9223 7200

after hours : Ring Royal Prince Alfred Hospital (RPAH) on 9515 6111 & ask switchboard to page Dr Varol. Leave your name & number & Dr Varol will call you back promptly. If there is a problem, ask switchboard to put you through to her mobile number.

Sydney Gynaecology & Endometriosis Centre

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