

## **PAIN**

There is usually no pain following this treatment but some women you may experience 'period-like' cramping abdominal pain. Aspirin or paracetamol tablets may relieve this. Contact this surgery if you have any constant or increasing pain.

## **VAGINAL BLEEDING / DISCHARGE**

You will have a bloodstained or occasionally clear vaginal discharge for 3 or 4 weeks following treatment. This is normal and part of the healing process. You may have slight bleeding. Contact Dr Varol if you have any bleeding heavier than a normal period.

A few patients find that their menstrual pattern is disturbed. Your next period may commence early, late or be missed completely. It may be light or heavy. If it is significantly heavier and longer than usual or if you have a second abnormal period, please contact the surgery.

## **SEX**

Don't have vaginal intercourse for 3 weeks to allow complete healing of the cervix and to prevent an infection.

If you are taking the oral contraceptive pill, continue to take it as normal. Do not cease it during this time.

Do not use tampons for the first 3 weeks following treatment.

## **SHOWER**

You may take showers as usual. However don't have a bath and don't go swimming for 3 weeks.

## **FOLLOW UP APPOINTMENT**

**Your first follow up after your procedure will be in 2 weeks. Dr Varol will discuss the final report from the laboratory (pathology) and make sure you are well after your operation.**

**The follow up appointment after that will be in 4 to 6 months when you will have another Pap smear taken and Dr Varol will check your cervix with the colposcope (special microscope). It is vital that you keep your follow up appointments because a small percentage of patients are not completely cured by this procedure and this can only be detected at your follow up appointments. If you are unable to keep the arranged appointment, please ensure that you make another one as soon as possible.**

## **Dr Varol's contacts details**

- office hours :** Ring her practice on 9223 7200
- after hours :** Ring Royal Prince Alfred Hospital (RPAH) on 9515 6111 & ask switchboard to page Dr Varol. Leave your name & number & Dr Varol will call you back promptly. If there is a problem, ask switchboard to put you through to her mobile number.

### *Sydney Gynaecology & Endometriosis Centre*

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